

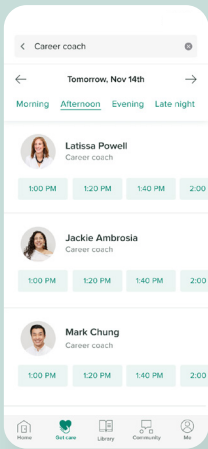
End-to-end support for your return to work

Transitioning back to work after having a baby can feel challenging and isolating without ample support, but Maven is here for every step of your postpartum and return-to-work journey. Find guidance for pumping at work, how to talk to your manager about your new parent needs, navigating working parent guilt, and so much more with Maven.

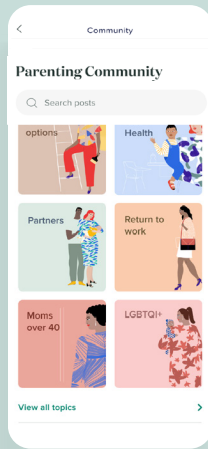
“Because of Maven and the providers I met with, I have a plan for going back to work, and I didn’t have to figure that out on my own. It also means so much to know that if it doesn't work or if something is too hard when I do return, I can pop right back on Maven.”

—MARYELLEN, MAVEN MEMBER

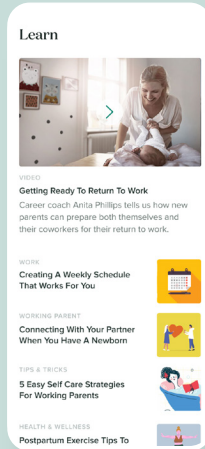
You have free access to Maven for compassionate support throughout life’s big moments



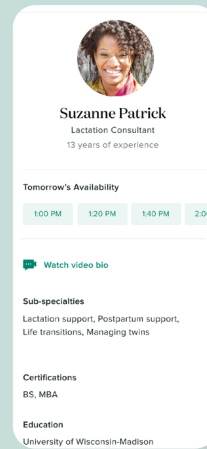
Dedicated specialists
24/7 access to top providers including career coaches and mental health experts



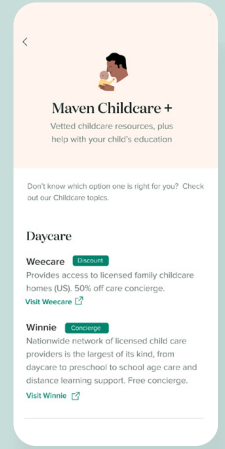
Inclusive community
Connect with parents going through similar journey in provider-monitored forums



Classes and content
Spanning topics from navigating working parent guilt to postpartum anxiety



Lactation support
Develop a plan for pumping at work and maintaining your milk supply



Childcare navigation
Trusted referrals to childcare resources for children of any age

Maven is completely free for you and your partner. Join today by scanning the QR code, visiting mavenclinic.com/join/mat-hub, or downloading the Maven Clinic app.

